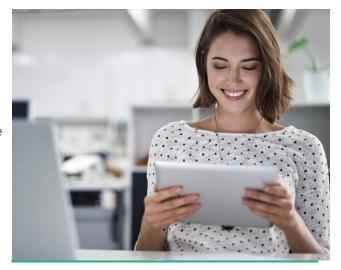


# Preventive Coverage Plus Key Services

ptiMed Minimum Essential Coverage Edge (MEC Edge) is an employer sponsored, self-funded plan. It satisfies the specific portion of the PPACA pertaining to penalties on employers with over 50 full-time employees that do not provide health insurance. This basic coverage is upgraded into MEC Edge by adding:

- Primary Care Doctor Visits (3/year, \$20 copay)
- Specialists Office Visits (3/year, \$50 copay)
- Urgent Care (3/year, \$50 copay)
- Diagnostic X-ray and Lab (5/year, \$50 copay)
- CT Scan/MRI (outpatient only, max 1 CT scan or MRI per plan year, \$200 copay)



**MEC Edge also includes** access to a national PPO network, COBRA administration, as well as optional aggregate stop loss which limits claims to a specific amount. No one is disqualified due to pre-existing conditions.

## **Adult Preventive Screenings**

100% In Network • 40% Out of Network

Abdominal Aortic Aneurysm | Screening

Alcohol Misuse | Screening and Counseling

Aspirin Use | Prevention of colorectal cancer and heart disease

**Blood Pressure | Screening** 

Cholesterol | Healthy diet and physical activity counseling

Colo-Rectal Cancer | Screening

Depression | Screening

Diabetes | Screening

Diet | Healthy diet and physical activity counseling

Fall Prevention | Exercise interventions

Hepatitis B | Screening

Hepatitis C | Screening

HIV | Screening for adults at higher risk

Immunizations | Recommended immunizations

Lung Cancer | Screening

Obesity | Screening and counseling

Sexually Transmitted Infection (STI) | Counseling

Statins | Statin preventive medication

Syphilis | Screening

Tobacco Use | Tobacco use counseling and interventions

Tuberculosis | Screening

See U.S. Preventive Services Task Force for a list of Preventive Services:

healthcare.gov/coverage/preventive-care-benefits/

MEC Edge is not a major medical plan, nor is it designed to replace a major medical plan.

Services for women, children on back.

## **OPTIMED SELF-FUNDED MEC EDGE**

#### 100% In Network • 40% Out of Network

### **Preventive Services for Women**

#### **Preventive Services for Children**

Anemia	Routine	screening
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Breast Cancer Genetic Test (BRCA) | Risk assessment, genetic counseling

Breast Cancer Preventive Medication | Must be high risk

Breastfeeding | Interventions, support and counseling

Chemoprevention | Counseling and breast cancer preventive medication

Cervical Cancer | Pap smear and human papillomavirus (HPV) testing

Chlamydia | Screening

Contraception | FDA-approved contraceptive methods, sterilization procedures, patient education, and counseling

Domestic Violence | Screening and counseling

Folic Acid | Supplements

Gestational Diabetes | Mellitus screening

Gonorrhea | Screening

Mamography | Breast cancer screening

Osteoporosis | Screening

Preeclampsia Prevention | Aspirin

Preeclampsia | Screening for phenylketonuria in newborns

Rh(D) Incompatibility | Screening

UTI | Bacteriuria screening

Well Woman | Visits for annual preventive and prenatal care

Refer to the U.S. Preventive Services Task Force for a complete list at:

healthcare.gov/coverage/preventive-care-benefits/

Alcohol And Drug Use | Tobacco, alcohol, or drug use assessment for adolescents ages 11-21 years

Autism | Screening for infants 18-24 months

Behavioral Assessment | Psychosocial/Behavioral assessment

**Blood Pressure | Screening** 

Cervical Dysplasia | Screening females age 21

Dental Caries/Cavities | Preventive care for infants and children up to age 5 years

Depression | Screening in adolescents age 12-18 years

Developmental | Screening at ages 9 months, 18 months, and 30 months

Dyslipidemia | Screening at ages 9 months, 18 months, and 30 months

Fluoride Chemoprevention | Fluoride supplements for children 6 months - 5 years without fluoride in water

Gonorrhea | Prophylactic medication for newborns

Hearing | Sensory screening

BMI | Measurements at specific ages

Hematocrit/Hemoglobin | Screening

Hemoglobinopathies or Sickle Cell | Screening in newborns

HIV | Screening for adolescents and younger if at higher risk

Hypothyroidism | Screening in newborns

Immunizations | Recommended immunizations based on age

Lead | Screening at risk or exposure

Medical History | Recorded throughout development at specific ages

Obesity | Screening and counseling for children and adolescents

Oral Health | Risk assessment fluoride supplementation at specific ages

Phenylketonuria (PKU) | Screening for newborns

STI Prevention | Sexually transmitted infections counseling

Skin Cancer | Behavioral counseling for 6 months - 24 years with fair skin

Tuberculin | Testing for high risk at specific ages

Vision | Screening