



A United Group Programs, Inc. Brand

Preventive Coverage Plus Key Services

OptiMed Minimum Essential Coverage Edge (MEC Edge) is an employer sponsored, self-funded plan. It satisfies the specific portion of the PPACA pertaining to penalties on employers with over 50 full-time employees that do not provide health insurance. This basic coverage is upgraded into MEC Edge by adding:

- Primary Care Doctor Visits (3/year, \$20 copay)
- Specialists Office Visits (3/year, \$50 copay)
- Urgent Care (3/year, \$50 copay)
- Diagnostic X-ray and Lab (5/year, \$50 copay)
- CT Scan/MRI (outpatient only, max 1 CT scan or MRI per plan year, \$200 copay)



MEC Edge also includes access to a national PPO network, COBRA administration, as well as optional aggregate stop loss which limits claims to a specific amount. No one is disqualified due to pre-existing conditions.

Adult Preventive Screenings	
100% In Network • 40% Out of Network	
Abdominal Aortic Aneurysm Screening	Hepatitis B Screening
Alcohol Misuse Screening and Counseling	Hepatitis C Screening
Aspirin Use Prevention of colorectal cancer and heart disease	HIV Screening for adults at higher risk
Blood Pressure Screening	Immunizations Recommended immunizations
Cholesterol Healthy diet and physical activity counseling	Lung Cancer Screening
Colo-Rectal Cancer Screening	Obesity Screening and counseling
Depression Screening	Sexually Transmitted Infection (STI) Counseling
Diabetes Screening	Statins Statin preventive medication
Diet Healthy diet and physical activity counseling	Syphilis Screening
Fall Prevention Exercise interventions	Tobacco Use Tobacco use counseling and interventions
	Tuberculosis Screening

See U.S. Preventive Services Task Force for a list of Preventive Services:
[healthcare.gov/coverage/preventive-care-benefits/](https://www.healthcare.gov/coverage/preventive-care-benefits/)

Services for women, children on back.

MEC Edge is not a major medical plan, nor is it designed to replace a major medical plan.

OPTIMED SELF-FUNDED MEC EDGE

100% In Network • 40% Out of Network

Preventive Services for Women

Preventive Services for Children

Anemia Routine screening	Alcohol And Drug Use Tobacco, alcohol, or drug use assessment for adolescents ages 11-21 years
Breast Cancer Genetic Test (BRCA) Risk assessment, genetic counseling	Autism Screening for infants 18-24 months
Breast Cancer Preventive Medication Must be high risk	Behavioral Assessment Psychosocial/Behavioral assessment
Breastfeeding Interventions, support and counseling	Blood Pressure Screening
Chemoprevention Counseling and breast cancer preventive medication	Cervical Dysplasia Screening females age 21
Cervical Cancer Pap smear and human papillomavirus (HPV) testing	Dental Caries/Cavities Preventive care for infants and children up to age 5 years
Chlamydia Screening	Depression Screening in adolescents age 12-18 years
Contraception FDA-approved contraceptive methods, sterilization procedures, patient education, and counseling	Developmental Screening at ages 9 months, 18 months, and 30 months
Domestic Violence Screening and counseling	Dyslipidemia Screening at ages 9 months, 18 months, and 30 months
Folic Acid Supplements	Fluoride Chemoprevention Fluoride supplements for children 6 months - 5 years without fluoride in water
Gestational Diabetes Mellitus screening	Gonorrhea Prophylactic medication for newborns
Gonorrhea Screening	Hearing Sensory screening
Mamography Breast cancer screening	BMI Measurements at specific ages
Osteoporosis Screening	Hematocrit/Hemoglobin Screening
Preeclampsia Prevention Aspirin	Hemoglobinopathies or Sickle Cell Screening in newborns
Preeclampsia Screening for phenylketonuria in newborns	HIV Screening for adolescents and younger if at higher risk
Rh(D) Incompatibility Screening	Hypothyroidism Screening in newborns
UTI Bacteriuria screening	Immunizations Recommended immunizations based on age
Well Woman Visits for annual preventive and prenatal care	Lead Screening at risk or exposure
	Medical History Recorded throughout development at specific ages
	Obesity Screening and counseling for children and adolescents
	Oral Health Risk assessment fluoride supplementation at specific ages
	Phenylketonuria (PKU) Screening for newborns
	STI Prevention Sexually transmitted infections counseling
	Skin Cancer Behavioral counseling for 6 months - 24 years with fair skin
	Tuberculin Testing for high risk at specific ages
	Vision Screening

Refer to the U.S. Preventive Services Task Force for a complete list at:

healthcare.gov/coverage/preventive-care-benefits/